

Programmanr. 113
4-3-2017

Dames, 400m vrije slag

Finale Paralympics
Resultaten

rang	naam	vereniging	intijd	tijd	RT	pnt.	
1.	Liesette Bruinsma	NTC PARA - HZ&PC Heerenveen	5:24.33	200004346 S11	5:19.10	+0,68 924	
	50m: 34.65	34.65 150m: 1:58.74	40.99	250m: 3:19.85	39.43	350m: 4:40.84	40.65
	100m: 1:17.75	43.10 200m: 2:40.42	41.68	300m: 4:00.19	40.34	400m: 5:19.10	38.26
2.	Amber van der Kruk	NTC PARA - MSV Zeemacht	5:07.16	200102730 S14	5:05.17	+0,93 770	
	50m: 34.35	34.35 150m: 1:50.44	38.36	250m: 3:08.74	39.33	350m: 4:26.95	38.90
	100m: 1:12.08	37.73 200m: 2:29.41	38.97	300m: 3:48.05	39.31	400m: 5:05.17	38.22
3.	Jonne Moleman	NTC PARA - AZC	5:11.25	200006264 S10	5:06.95	+1,00 702	
	50m: 35.35	35.35 150m: 1:52.39	38.84	250m: 3:11.04	39.10	350m: 4:29.49	38.85
	100m: 1:13.55	38.20 200m: 2:31.94	39.55	300m: 3:50.64	39.60	400m: 5:06.95	37.46
4.	Manon Vermarien	NTC PARA - Hieronymus	4:58.98	199705680 S9	4:59.58	+0,83 683	
	50m: 34.05	34.05 150m: 1:47.32	37.18	250m: 3:03.06	38.19	350m: 4:20.61	39.03
	100m: 1:10.14	36.09 200m: 2:24.87	37.55	300m: 3:41.58	38.52	400m: 4:59.58	38.97
5.	Feija de Bruin	WVZ	5:30.54	200400106 S10	5:22.94	+0,93 603	
	50m: 36.64	36.64 150m: 1:56.62	40.52	250m: 3:19.28	41.33	350m: 4:42.70	41.69
	100m: 1:16.10	39.46 200m: 2:37.95	41.33	300m: 4:01.01	41.73	400m: 5:22.94	40.24
6.	Inge Belfor	NTC PARA - De Columbiaan	5:36.14	200100578 S10	5:32.50	+0,83 552	
	50m: 37.29	37.29 150m: 1:59.06	41.19	250m: 3:23.36	42.12	350m: 4:49.80	43.15
	100m: 1:17.87	40.58 200m: 2:41.24	42.18	300m: 4:06.65	43.29	400m: 5:32.50	42.70